

MENU

Lentil “Meatloaf” with Roasted Garlic & Sriracha BBQ Glaze (Savory, Spicy)

Lentil loaf with organic veggies glazed with roasted garlic & sriracha bbq sauce

Ethiopian Gomen (Savory, Green)

Braised Collards finished in savory coconut milk & spices

Savory Green Onion & Mushroom Stir Fry

Chopped green onions, bell peppers with baby bella mushrooms stir fried in house made sauce

West African Spinach Stew

Spinach stewed in a savory tomato based sauce with onions & traditional herbs and spices

Cauliflower Steak with Sorrel Chutney & Caribbean Red Sauce

Hard seared Cauliflower Steaks with house made dry rub, served with Sorrel Chutney & Red sauce on the side

SIDES

Roasted Asparagus with Bell Peppers (Savory, Green)

Asparagus lightly seasoned & roasted quickly with bell peppers

Agave Glazed Carrots with Cilantro & Lime (Slightly Savory)

Sweet & savory combination of spices with steamed carrots

In Agave reduced glaze

Brown Rice (Savory, Starchy)

Organic Basmati Brown Rice seasoned with herbs & spices

Garlic Greens (Green, Savory)

Sautéed Greens with garlic & thyme

Roasted Sweet Potato Cubes (Slightly Savory, Slightly Sweet)

Cubed sweet potato seasoned with paprika & parsley