

# MENU

**Cuban Black Bean Stew**

*Exotic spices like thyme, fennel seeds & bay leaves create the flavors for this delicious black bean stew*

**Orange Ginger Chick’n (Crispy, Savory, Sweet, Sour)**

*Tender green Jackfruit wedges battered in our special batter then fried crispy. We add a our house made orange-pineapple glaze and toss with sautéed snap peas & broccoli*

**Leek, Garlic & Mushroom Fettuccini in Ponzu Sauce**

*Perfectly cooked fettuccini pasta drizzled with sautéed Leeks, Mushroom, Garlic & Ponzu Sauce*

**BBQ Lentils (Savory, Low Spice)**

Lentils slow cooked in BBQ sauce with onions, spices, bell peppers

**Curried Chickpea with Roasted Potato**

*Delicious chickpea stew simmered in traditional curry sauce & thickened with roasted potato cubes*

**SIDES**

**Lemon-pepper Green Beans (Savory, Green)**

*Green Beans lightly seasoned & sautéed quickly with garlic & lemon pepper*

**Country Mashed Potatoes (Savory, Starchy)**

*Seasoned mashed potato*

**Garlic Quinoa (Savory, Starchy)**

*Organic White Quinoa seasoned with herbs, spices & garlic*

**Mixed Vegetable Medley (Savory)**

*Sautéed Red Cabbage with Broccoli & Sweet Peas*

**Corn on Cob with butter sauce (Savory)**

*Cubed sweet potato seasoned with paprika & parsley*