MENU

Rosemary Chick'n-Fried Cauliflower

Spelt Battered Cauliflower infused with rosemary crispy fried

Cashew Mac & Cheese

Our classic Cashew based Mac & Cheese

Kabocha Squash in Curry Sauce

Roasted Kabocha Squash finished & simmered in curry sauce

Sriracha BBQ Lentils

Slow simmered lentils with red bell peppers in sriracha bbq sauce

Loaded Sweet Potato

Baked sweet potato topped with buttery roasted corn, spinach, peppers, onions

SIDES

Korean Sweet Potato Mash (Savory, Sweet, Starchy)

Mashed Korean Sweet Potato lightly seasoned

Roasted Asparagus (Savory, Green)

Roasted Asparagus lightly seasoned, drizzled with sunflower seed oil

Garlic Greens (Green, Savory)

Chopped Ccollards seasoned with herbs, spices & garlic

Mixed Vegetable Medley (Green, Savory)

Sautéed Green Cabbage, Carrots & Spinach

Caribbean Pineapple Fried Rice (Starchy, Savory)

Fried Rice with grilled pineapple