

# MENU

## **Oven Seared Cauliflower in Brown Ginger & Pimento Sauce (Savory, Medium Spice)**

Cauliflower seared then simmered in a delicious Ginger & pimento sauce

## **Marsala Chickpea w/ Mango-Habanero Glaze**

*Chickpea "Meat Balls" with exotic herbs & Spices, glazed with Mango-Habanero Glaze*

## **Jamaican Brown Stew Chick'n (Savory, Medium Spice)**

*Oyster Mushrooms in Traditional Jamaican Brown Stew*

## **Chickpea Curry with Roasted Red Potatoes (Medium Spice)**

*Delicious Caribbean Chickpea & Roasted Red Potato Curry garnished w/ Green Onions*

## **Rasta Pasta**

*Tri-Color Vegetable Pasta with House-made Pumpkin Seed & Basil Pesto*

## SIDES

### **Jamaican "Rice & Peas"**

*Coconut Red Beans & Rice*

### **Paprika Dusted Potato Wedges**

*Roasted Red Potato Wedges seasoned with Paprika, Salt & Pepper*

### **Sautéed Whole Okra**

*Okra Sautéed with Onions & Sun-dried Tomato*

### **Lemon-Pepper Green Beans**

*Seared Green Beans seasoned with Lemmon -Pepper Mix*

### **Garlic Greens (Green, Savory)**

*Sautéed Kale with Garlic, Salt & Pepper*