# MENU

#### Roasted Kabocha Squash in Curry Sauce (Savory, Medium Spice)

Cubed Kabocha Squash seasoned & roasted then simmered in our special curry sauce

### Jamaican Stew Peas & Dumplings (Savory, Low Spice)

Kidney beans simmered to a stew in special mix of Jamaican herbs & spices with "spinners" (palm-rolled dumplings). Slow cooked to finish.

## Spicy Berber Lentils with Green Onions (Savory, Spicy)

Lentils slow cooked in Ethiopian Spice Sauce

## Grilled Cauliflower Satay (Savory, Low Spice)

*Grilled Cauliflower with house-made satay (Thai peanut) Sauce w/ bell peppers, carrots* 

**Brown Rice Veggie Pasta with Capers & Hibiscus (Sorrel) Chutney Reduction (Savory, Medium Spice)** Brown Rice Pasta w/ mushrooms, capers, chopped asparagus in spicy, tangy sauce

#### SIDES

Seasoned Coconut Rice (Starchy, Savory)

Roasted Brussels Sprouts with Salt & Pepper (Green, Savory)

Sautéed Garlic (Collard) Greens (Green, Savory)

Caribbean Mixed Vegetable Medley [Broccoli, Red Cabbage & Green Peas] (Green, Savory)

Baked Yuca with Chipotle Lime butter sauce (Savory, Starchy)