

MENU

KING OYSTER MUSHROOM THREE (3) WAYS

Grilled “Scallops” with Lemmon Pepper glaze

Grilled King Oyster Mushroom “Scallops”, Green Onions & Dill with Agave & Lemon Pepper glaze

Spicy dry-rub Pulled

Roasted King Oyster Mushroom Pulled with house-made dry-rub

Pepper “Steak”

Pan Seared King Oyster Mushroom “Steak” with grilled Bell Pepper {“Steak”} sauce

Savory Cashew Mac & Cheeze

Our own delicious Cashew based “Cheese” baked to finish & topped with crunchy Nutri Yeast

Caribbean Spinach Stew (Our Version of West African Spinach Stew)

*Fresh Spinach sautéed with Red Onions, Sun-dried Tomato,, Spices, Herbs, then simmered to a finish
In a delicious Tomato sauce*

SIDES

Sautéed Green Beans with Garlic & Lemon Pepper

Baby Bok Choy Greens

Pineapple Corn Bread

Jollof Rice

Fried Ripe Plantain