ENTREES

Grilled "Scallops" with Green Pea & Truffle Puree

King Oyster Mushroom is the perfect double for this grilled Scallop delight.

We smear our exotic Green Pea & Truffle Puree & garnish with crispy fried Capers

Pineapple & Ginger Glazed Chick'n

Crispy fried Maitake Mushrooms tossed with our 5-Spice Pineapple & Ginger glaze

Cuban Black Bean with fire roasted Red Bell Pepper

Black Bean stew is deliciously simple.... With a hint of fired Lime seasoning & Red Peppers

"Noxtail" & Butter Beans

Regular Oyster Mushrooms double as our Juicy "Oxtail" paired with Butter Beans

Grilled Eggplant with Orzo

Grilled Egaplant steaks with delicious, Spinach, Tomatoes, Onions, Mushrooms

Savory Lentil "Meat Loaf" with Roasted Garlic & Sriracha BBQ Glaze

Delicious Lentil Loaf glazed with house-made Roasted Garlic & Sriracha BBQ glaze

Wild Rice Stir Fry

Our special Three-Grain wild Rice stir fried with added Broccoli, Carrots, Celery, Greens

South African Pinto Bean Stew

Stewed Pinto beans with Roasted red Potatoes -Delicious!

Brown Rice Pasta with Chunky Jerk Marinara

Brown Rice Pasta with house made Jerk Marinara

Jamaican Brown Stewed Chick'n

Maitake Mushrooms simmered with Potatoes & Carrots perfectly stewed

Jamaican Stew Peas & Dumplings

Our delicious dark red Kidney Bean stew with Dumplings, hints of Cloves, Pimento & other well balanced spices

Stuffed Bell Peppers

Charred Bell Peppers stuffed with Forbidden Black Rice topped with Zucchini sauté

Roasted Squash Marsala

Roasted Butternut Squash finished in a Tomato based Marsala

Cauliflower Steak with Sorrel Chutney & Caribbean red sauce

Hard seared Cauliflower "Steaks" with Sorrel Chutney & Caribbean red sauce

Green Vegetable Pasta

Perfectly cooked Fettuccini tossed with grilled Asparagus, sautéed Bell Peppers, Onions, Scallions in Ponzu sauce & topped with Capers

Yellow Split Pea Dahl

Exotic Spices like Turmeric & Cumin evenly balanced to form the base of this delicious Yellow Spilt Pea Stew

Caribbean Sweet & Sour Chick'n

Crispy Fried Jackfruit bits in our house made Sweet & Sour Sauce with sautéed Broccoli, Snap Peas, Celery, Bell Peppers

Portobello Pepper Steak

Special dry rub Portobello "Steaks" with green bell Peppers & "Steak Sauce"

Loaded Sweet Potato

Baked jumbo Sweet Potato topped with grilled Corn & Spinach Hash, roasted Red Pepper & Garlic Aioli

Chickpea Curry with Roasted Red Potatoes

Chickpea & Roasted Red Potato in Jamaican Curry garnished w/ Green Onions