

SIDES

Agave-Garlic Carrots

Steamed Carrots lightly seasoned with Agave & Garlic

Lemon Pepper Asparagus

Asparagus w/ dash of Black Pepper & Fresh Lemon Zest

Boiled Ripe Plantains with 5 Spice Butter & Red Pepper Flakes

Roasted Jicama Puree with light seasoning

Grilled Leeks with Romesco Sauce

Seasoned, charred on Grilled & served with Romesco Sauce

Savory Burro Banana Mash

Boiled Green Burro Bananas w/ Garlic "butter" sauce

Black Rice

"Forbidden (Black) Rice" with traditional herbs

Fried Sweet Plantain Wedges

Crispy fried plantain

Vegetable Medley

Sautéed Green Cabbage, Savoy Cabbage, Spinach & Carrots

Brussel Sprouts with Roasted Pumpkin Seeds

Brussel Sprouts topped with crispy roasted (seasoned) Pumpkin Seeds

Caribbean Potato Salad

Red Potatoes, Green Onions, Rosemary, (Vegan) Mayo, additional Herbs & Spices

Jamaican "Rice & Peas"

Red Beans & Rice /w coconut Milk & some traditional spices

Paprika Dusted Potato Wedges

Roasted Red Potato Wedges seasoned with Paprika, Salt & Pepper

Sautéed Whole Okra

Okra Sautéed with Onions & Sun-dried Tomato

Lemon-Pepper Green Beans

Seared Green Beans seasoned with Lemmon -Pepper Mix

Garlic Greens (Green, Savory)

Sautéed Kale with Garlic

Caribbean Mango & Cous Cous Salad

Cous Cous, Green Mango & Cilantro

Grilled Pineapple Fried Rice

Grilled Pineapple compliments all the flavors of Vegetable Fried rice

Roasted Yuca in "Butter" Lemon & Garlic Sauce

Yuca delicately roasted and skinned, pan seared, then served in a delicious house-made "Butter" Lemon & Garlic Sauce

Herb Roasted Sweet Potato Cubes

Sweet Potato cubes drizzled w/ Olive Oil then oven roasted & seasoned

Salt & Pepper Green Beans

Hard seared Brussel Sprouts with Salt & Pepper