

ENTREES

Quinoa Pasta w/ Hemp Pesto & Sautéed Greens

Vegan Chick'n & Dumplings

Grilled "Scallops" with Green Pea & Truffle Puree

Pineapple & Ginger Glazed Chick'n

Cuban Black Beans with fire roasted Red Bell Pepper

Jamaican Yellow Yam Stew

Garam Masala Chickpea "Meatballs," Tamarind & Fennel "gravy" w/ crispy Sage leaves

Roasted Pumpkin Lentil Bolognese [Boat]

Crispy Vegan Quinoa Cakes

Lentil Meatballs w/ Jamaican Coconut-Curry

Cashew Mac & Cheeze (Savory)

Chunky Lentil-Pumpkin Soup (Savory, Medium Spice)

Spicy Potato & Green Pea Curry (Aloo Matar)

Chickpea Goulash (Savory)

Gomen

South African Pinto Bean Stew

Garlic & Basil Cauliflower

Jamaican Stew Peas & Dumplings

Brown Stew Lentils

Bella Mushrooms & Beans (Vegan Tripe & Beans)