SIDES

Grilled Pineapple Fried Rice

Grilled Pineapple compliments all the flavors of Vegetable Fried rice

Roasted Yuca in "Butter" Lemon & Garlic Sauce

Yuca delicately roasted and skinned, pan seared, then served in a delicious house-made "Butter" Lemon & Garlic Sauce

Sautéed Whole Okra

Whole Okra, Sundried tomatoes, garlic, perfect combination

Caribbean Mango-Cilantro Cous Cous Salad

Herbed Cous Cous, Cubed Mango, Cilantro

Garlic Greens

Sautéed Collards with Garlic

Grilled Veggies w/ Lemon Pepper

Grilled Parsnips, Asparagus, Zucchini & Butternut Squash

Jicama Puree

Roasted Jicama Puree with light seasoning

Jolof Rice

Traditional Ghanaian Jolof (Meatless)

Caribbean Mixed Vegetable Medley

Sautéed Red Cabbage, Broccoli & Peas

Garlic Greens

Sautéed Kale with Garlic

Toasted Garlic Bread with Chive Blossoms

Toasted Baguette with house made Garlic Butter topped with Chive Blossoms

Steamed Broccoli & Carrots with Maple-Lemon "Butter" sauce

Crowns of Broccoli & Cut carrots steamed then sauced

Pumpkin Seasoned Rice

Aromatic Jasmine Rice seasoned with Kabocha [Pumpkin] Squash & fragrant Herbs & other savory veggies

Asian Bok Choy Greens

Sautéed Asian Bok Choy Greens with Onions & Red Pepper Flakes

Spinach seasoned Rice

Aromatic Jasmine Rice seasoned with Spinach & fragrant Herbs & Spices

Brussel Sprouts with Roasted (Chili-Lime) Pumpkin Seeds

Chopped Brussel Sprouts sautéed & topped with crispy roasted (seasoned) Pumpkin Seeds

Caribbean Potato Salad

Red Potatoes, Green Onions, Rosemary, (Vegan) Mayo, additional Herbs & Spices

Tri Color Quinoa

Herbed Tri-Color Quinoa

Caribbean Mixed Vegetable Medley

Sautéed Green & Savoy Cabbage, Spinach, Bell Peppers

Jamaican Rice & Peas

Coconut Red Beans & Rice