

ENTREES

Wild Mushroom Fricassee (Savory, Low Spice)

Cremini, Maitake, Shitake Mushrooms form the base of this shallot & herb-based stew, slow cooked in wild mushroom stock

Jamaican Black-eyed Pea Curry (Savory, Medium Spice)

Creamy, flavorful, hearty black-eyed peas in delicious Jamaican curry sauce

Jackfruit Mofongo (Savory, Low Spice)

Puerto Rican fried plantains with Jackfruit

Cucumber & Watercress Salad w/ Salt & Pepper Vinaigrette

Fresh watercress & cubed cucumbers & diced plum tomatoes splashed with our house-made cracked pepper & salt vinaigrette

Pazole Rojo (Savory, Low Spice)

Pinto beans & hominy corn form the base of this tasty Mexican soup. We top with chopped red cabbage, fresh cilantro, avocado & Lime

Jamaican Jerk grilled Eggplant

Hearty, smoky, spicy grilled eggplant with house-made jerk sauce

Dreadnut Mushroom & Leek Pasta (Savory, Low Spice)

Fettuccini, topped w/ Cumin Seared Portobello Strips, in a Creamy Leek & Coconut Sauce

Coffee & Black Pepper Grilled Cauliflower in Peanut Sauce (Savory, Low Spice)

House-made Coffee, Pimento & Black Pepper rubbed Cauliflower in Peanut sauce

Pan-Seared Cauliflower in Brown Ginger & Pimento Sauce (Savory, Medium Spice)

Cauliflower seared then simmered in a delicious Ginger & pimento sauce

Stuffed Portobello Tops w/ Walnut Meat (Savory, Medium Spice)

Grilled Porto Tops stuffed with sauced Walnut "Meat" & sautéed Peppers & Onions

Vegan "Date Night" Alfredo (Savory, Low Spice)

Pasta tossed in delicious Cashew Cream w/ sautéed Mushrooms & Lemon Zest

Sheet Pan Jerk Portobello Tacos (Savory, Spicy)

Smoky, spicy, "meaty" Porto Tacos topped with Caribbean Red Cabbage & grilled Pineapple Slaw

Crispy Black Pepper Cauliflower & Veggies (Savory, Low Spice)

Double Battered crispy fried Cauliflower stir-fry w/ veggies

Jamaican "Oxtail" & Butter Beans (Savory, Spicy)

Regular Oyster Mushrooms double as our Juicy "Oxtail" paired with Butter Beans

Efo Riro [Nigerian Spinach Stew] (Savory, Low Spice)

Nigerian Delicacy. Mixed Spinach stew with a Red Bell Pepper, Habanero & Tomato base

Roasted Garlic & Sriracha BBQ Lentils (Savory, Spicy)

Lentils slow simmered in house-made Garlic & Sriracha BBQ sauce

Cumin & Paprika “Steak” with Leek & Muchie Plum Tomatoes (Savory, Medium Spice)

Portobello Mushroom with house made Cumin & Paprika dry-rub topped with sautéed Leeks & Plum Tomatoes

Sweet Potato & Quinoa Chili (Savory, Medium Spice)

Smoky roasted Sweet Potato & Quinoa based Chili with Kidney Beans & Roasted Corn