

MENU

ENTREES

Roasted Sweet Potato & Quinoa Chili (Savory, Medium Spice)

Smoky roasted Sweet Potato & Quinoa based Chili with Kidney Beans & roasted Corn

Yellow Split Pea Dahl (Savory, Medium Spice)

Exotic Spices like Turmeric & Cumin evenly balanced to form the base of this delicious Yellow Spilt Pea Stew

Caribbean Sweet & Sour Chick’n (Sweet, Sour, Savory, Medium Spice)

Crispy Fried Jackfruit bits in our house made Sweet & Sour Sauce with sautéed Broccoli, Snap Peas, Celery, Bell Peppers

Portobello Pepper Steak (Savory, Medium Spice)

Special dry rub Portobello “Steaks” with green bell Peppers & “Steak Sauce”

Cuban Black Bean Stew

Smoky Black Bean Stew with Roasted Red Peppers

SIDES

Caribbean Rice & Peas

Aromatic Jasmine Rice& Kidney Beans slow simmered in Coconut Milk, Herbs & Spices

Brussel Sprouts with Roasted (Chili-Lime) Pumpkin Seeds

Chopped Brussel Sprouts sautéed & topped with crispy roasted (seasoned) Pumpkin Seeds

Potato Salad

Red Potatoes, Green Onions, Rosemary, (Vegan) Mayo, additional Herbs & Spices

Caribbean Style Cous Cous

Cous Cous, Green Mango & Cilantro

Mixed Vegetable Medley

Sautéed Green & Savoy Cabbage, Spinach, Bell Peppers