MENU

ENTREES

• Crispy Vegan Quinoa Cakes

Pan Seared Quinoa Cakes served topped w/ healthy flavorful Tomato Chickpea Relish

• Vegan "Date Night" Alfredo

Pasta tossed in delicious Cashew Cream w/ sautéed Mushrooms & Lemon Zest

• Sheet Pan Jerk Portobello Tacos

Smokey, spicy, "meaty" Porto Tacos topped with Caribbean Red Cabbage & grilled Pineapple Slaw

• Crispy Black Pepper Cauliflower & Veggies

Double Battered crispy fried Cauliflower stir-fry w/ veggies

• Lentil Meatballs w/ Jamaican Coconut-Curry

Baked Black Caviar Lentil "Meatballs" infused w/ fragrant spices over Jamaican Curry Sauce

Sides

• Lemon Pepper Green Beans

Sauteed Green Beans w/ Lemon & Pepper seasoning

• Creamy Polenta

Creamy Polenta w/ Garlic "Butter"

• Pan Seared Brussel Sprouts

Hard seared Brussel Sprouts topped w/ roasted Chili-Lime Pumpkin Seeds

Caribbean Pumpkin Rice

Fragrance Basmati infused with kabocha Squash/Pumpkin w/ Herbs & Spices

• Garlic Greens

Sautéed Collards w/ garlic