

MENU

ENTREES

Jamaican Stew Peas & Dumplings (Savory, Medium Spice)

Our delicious dark red Kidney Bean stew with Dumplings, hints of Cloves, Pimento & other well balanced spices

Stuffed Bell Peppers (Savory, Medium Spice)

Charred Bell Peppers stuffed with Forbidden Black Rice topped with Zucchini sauté

Roasted Squash Marsala (Savory, Spicy)

Roasted Butternut Squash finished in a Tomato based Marsala

Cauliflower Steak with Sorrel Chutney & Caribbean red sauce (Savory, Medium Spice)

Hard seared Cauliflower "Steaks" with Sorrel Chutney & Caribbean red sauce

Green Vegetable Pasta (Savory, Medium Spice)

Perfectly cooked Fettuccini tossed with grilled Asparagus, sautéed Bell Peppers, Onions, Scallions in Ponzu sauce & topped with Capers

SIDES

Toasted Garlic Bread with Chive Blossoms

Toasted Baguette with house made Garlic Butter topped with Chive Blossoms

Steamed Broccoli & Carrots with Maple-Lemon "Butter" sauce

Crowns of Broccoli & Cut carrots steamed then sauced

Pumpkin Seasoned Rice

Aromatic Jasmine Rice seasoned with Kabocha [Pumpkin] Squash & fragrant Herbs & other savory veggies

Asian Bok Choy Greens

Sautéed Asian Bok Choy Greens with Onions & Red Pepper Flakes

Garlic Greens

Sautéed Collards with Garlic